

## **ABSTRACT OF THE DISCLOSURE**

Articles and methods of use of such articles for the utilization of aromatherapeutic agents in both entertainment and therapeutic situations or a combination thereof, the invention contemplates the disposition of aromatherapeutic agents on or in substrates of varying description such that pressure applied to such substrates causes release of the aromatherapeutic agents to thereby cause aromas from said aromatherapeutic agents to be sensed by a user of the articles and also by others in the vicinity of the user. In certain embodiments of the invention, an aromatherapeutic agent is encapsulated and caused to adhere to a substrate having low-tack adhesive on at least a portion thereof such that the substrate can be removable and replaceably attached to an object intended to be struck or peeled by a user to release the encapsulated aromatherapeutic agent. In other embodiments, an aromatherapeutic agent carried by an appropriate carrier is placed in or on a projectile which can be thrown against an object to cause the aromatherapeutic agent to be released for an intended affect.